

STAI

ID No.		-		
Form Type	S	T		

Part I: Visit Identification

- Patient's initials: .....
- Date completing this form: ..... F 60-DAYS  

Month	Day	Year
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Part II: State Version

A number of statements that people use to describe themselves are given below. Read each statement and then check the response that indicates how you feel **right now**, that is **at this moment**. There are no right or wrong answers. Do not spend too much time on any one statement, but give the answer which seems to describe your **present feeling best**.

		Not At All	Somewhat	Moderately	Very Much
3. I feel calm .....	STATE 3	(1)	(2)	(3)	(4)
4. I feel secure .....	STATE 4	(1)	(2)	(3)	(4)
5. I am tense .....	STATE 5	(1)	(2)	(3)	(4)
6. I feel strained .....	STATE 6	(1)	(2)	(3)	(4)
7. I feel at ease .....	STATE 7	(1)	(2)	(3)	(4)
8. I feel upset .....	STATE 8	(1)	(2)	(3)	(4)
9. I am presently worrying over possible misfortunes .....	STATE 9	(1)	(2)	(3)	(4)
10. I feel satisfied .....	STATE 10	(1)	(2)	(3)	(4)
11. I feel frightened .....	STATE 11	(1)	(2)	(3)	(4)
12. I feel comfortable .....	STATE 12	(1)	(2)	(3)	(4)
13. I feel nervous .....	STATE 13	(1)	(2)	(3)	(4)
14. I am jittery .....	STATE 14	(1)	(2)	(3)	(4)
15. I feel decisive .....	STATE 15	(1)	(2)	(3)	(4)
16. I am relaxed .....	STATE 16	(1)	(2)	(3)	(4)
17. I feel content .....	STATE 17	(1)	(2)	(3)	(4)

		Not At All	Somewhat	Moderately	Very Much
18. I am worried	STATE 18	(1)	(2)	(3)	(4)
19. I feel confused	STATE 19	(1)	(2)	(3)	(4)
20. I feel steady	STATE 20	(1)	(2)	(3)	(4)
21. I feel pleasant	STATE 21	(1)	(2)	(3)	(4)

**Part III: Trait Version**

A number of statements that people use to describe themselves are given below. Read each statement and then check the response that indicates how you **generally feel**. There are no right or wrong answers. Do not spend too much time on any one statement, but give the answer which seems to describe how you **generally feel**.

		Almost Never	Sometimes	Often	Almost Always
22. I feel pleasant	TRAIT 22	(1)	(2)	(3)	(4)
23. I feel nervous and restless	TRAIT 23	(1)	(2)	(3)	(4)
24. I feel satisfied with myself	TRAIT 24	(1)	(2)	(3)	(4)
25. I wish I could be as happy as others seem to be	TRAIT 25	(1)	(2)	(3)	(4)
26. I feel like a failure	TRAIT 26	(1)	(2)	(3)	(4)
27. I feel rested	TRAIT 27	(1)	(2)	(3)	(4)
28. I am "calm, cool, and collected"	TRAIT 28	(1)	(2)	(3)	(4)
29. I feel that difficulties are piling up so that I cannot overcome them	TRAIT 29	(1)	(2)	(3)	(4)
30. I worry too much over something that really does not matter	TRAIT 30	(1)	(2)	(3)	(4)
31. I am happy	TRAIT 31	(1)	(2)	(3)	(4)
32. I have disturbing thoughts	TRAIT 32	(1)	(2)	(3)	(4)
33. I lack self-confidence	TRAIT 33	(1)	(2)	(3)	(4)
34. I feel secure	TRAIT 34	(1)	(2)	(3)	(4)

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	Almost Never	Sometimes	Often	Almost Always
35. I make decisions easily . . . . . TRAIT 35	(1)	(2)	(3)	(4)
36. I feel inadequate . . . . . TRAIT 36	(1)	(2)	(3)	(4)
37. I am content . . . . . TRAIT 37	(1)	(2)	(3)	(4)
38. Some unimportant thoughts run through my mind and bother me . . . . . TRAIT 38	(1)	(2)	(3)	(4)
39. I take disappointments so keenly I can not put them out of my mind . . . TRAIT 39	(1)	(2)	(3)	(4)
40. I am a steady person . . . . . TRAIT 40	(1)	(2)	(3)	(4)
41. I get in a state of tension or turmoil as I think over my recent concerns and interests . . . TRAIT 41	(1)	(2)	(3)	(4)

**TO BE COMPLETED BY CLINICAL UNIT STAFF**

42. Research Coordinator:

Signature: \_\_\_\_\_

RTS Staff No.: \_\_\_\_\_

43. Date form received: . . . . .

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Month Day Year

ID No.				
Form Type	S	T		

FORM 60 (Rev. 1)

STAI

<u>ITEM</u>	<u>NAME</u>	<u>TYPE AND LENGTH</u>	<u>CODES OR UNITS</u>		
HEADER	NEWID	I(4)	Patient ID		
HEADER	FMTYP	CHAR(4)	ST01, ST02, ST03		
2	F60_DAYS	I(4)	Date Form 60 completed Days from randomization		
3	STATE3	}	}		
4	STATE4				
5	STATE5				
6	STATE6				
7	STATE7				
8	STATE8				
9	STATE9				
10	STATE10				
11	STATE11				
12	STATE12			I(1)	1 = Not at all 2 = Somewhat 3 = Moderately 4 = Very much
13	STATE13				
14	STATE14				
15	STATE15				
16	STATE16				
17	STATE17				
18	STATE18				
19	STATE19				
20	STATE20				
21	STATE21				
22	TRAIT22	}	}		
23	TRAIT23				
24	TRAIT24				
25	TRAIT25				
26	TRAIT26				
27	TRAIT27				
28	TRAIT28				
29	TRAIT29				
30	TRAIT30				
31	TRAIT31			I(1)	1 = Almost never 2 = Sometimes 3 = Often 4 = Almost always
32	TRAIT32				
33	TRAIT33				
34	TRAIT34				
35	TRAIT35				
36	TRAIT36				
37	TRAIT37				
38	TRAIT38				
39	TRAIT39				
40	TRAIT40				
41	TRAIT41				

CONTENTS PROCEDURE

Data Set Name:	RTS.FORM60	Observations:	330
Member Type:	DATA	Variables:	42
Engine:	V612	Indexes:	0
Created:	11:06 Thursday, April 27, 2000	Observation Length:	172
Last Modified:	11:06 Thursday, April 27, 2000	Deleted Observations:	0
Protection:		Compressed:	NO
Data Set Type:		Sorted:	NO
Label:			

-----Engine/Host Dependent Information-----

Data Set Page Size:	8192
Number of Data Set Pages:	8
File Format:	607
First Data Page:	1
Max Obs per Page:	47
Obs in First Data Page:	15

-----Alphabetic List of Variables and Attributes-----

#	Variable	Type	Len	Pos	Format	Informat	Label
41	F60_DAYS	Num	4	160	4.		f60q2 Days from randomization
1	FMYP	Char	4	0			FMYP
42	NEWID	Num	8	164	4.		Patient ID
2	STATE3	Num	4	4	1.	BEST22.	f60q3 I feel calm
3	STATE4	Num	4	8	1.	BEST22.	f60q4 I feel secure
4	STATE5	Num	4	12	1.	BEST22.	f60q5 I am tense
5	STATE6	Num	4	16	1.	BEST22.	f60q6 I feel strained
6	STATE7	Num	4	20	1.	BEST22.	f60q7 I feel at ease
7	STATE8	Num	4	24	1.	BEST22.	f60q8 I feel upset
8	STATE9	Num	4	28	1.	BEST22.	f60q9 I am worrying
9	STATE10	Num	4	32	1.	BEST22.	f60q10 I feel satisfied
10	STATE11	Num	4	36	1.	BEST22.	f60q11 I feel frightened
11	STATE12	Num	4	40	1.	BEST22.	f60q12 I feel comfortable
12	STATE13	Num	4	44	1.	BEST22.	f60q13 I feel nervous
13	STATE14	Num	4	48	1.	BEST22.	f60q14 I am jittery
14	STATE15	Num	4	52	1.	BEST22.	f60q15 I feel decisive
15	STATE16	Num	4	56	1.	BEST22.	f60q16 I feel relaxed
16	STATE17	Num	4	60	1.	BEST22.	f60q17 I feel content
17	STATE18	Num	4	64	1.	BEST22.	f60q18 I feel worried
18	STATE19	Num	4	68	1.	BEST22.	f60q19 I feel confused
19	STATE20	Num	4	72	1.	BEST22.	f60q20 I feel steady
20	STATE21	Num	4	76	1.	BEST22.	f60q21 I feel pleasant
21	TRAIT22	Num	4	80	1.	BEST22.	f60q22 I feel pleasant
22	TRAIT23	Num	4	84	1.	BEST22.	f60q23 I feel nervous and restless
23	TRAIT24	Num	4	88	1.	BEST22.	f60q24 I feel satisfied with myself
24	TRAIT25	Num	4	92	1.	BEST22.	f60q25 I wish I was as happy as others
25	TRAIT26	Num	4	96	1.	BEST22.	f60q26 I feel like a failure
26	TRAIT27	Num	4	100	1.	BEST22.	f60q27 I feel rested
27	TRAIT28	Num	4	104	1.	BEST22.	f60q28 I am calm, cool and collected
28	TRAIT29	Num	4	108	1.	BEST22.	f60q29 I feel difficulties piling up
29	TRAIT30	Num	4	112	1.	BEST22.	f60q30 I worry too much over nothing
30	TRAIT31	Num	4	116	1.	BEST22.	f60q31 I am happy

CONTENTS PROCEDURE

#	Variable	Type	Len	Pos	Format	Informat	Label
31	TRAIT32	Num	4	120	1.	BEST22.	f60q32 I have disturbing thoughts
32	TRAIT33	Num	4	124	1.	BEST22.	f60q33 I lack self-confidence
33	TRAIT34	Num	4	128	1.	BEST22.	f60q34 I feel secure
34	TRAIT35	Num	4	132	1.	BEST22.	f60q35 I make decisions easily
35	TRAIT36	Num	4	136	1.	BEST22.	f60q36 I feel inadequate
36	TRAIT37	Num	4	140	1.	BEST22.	f60q37 I am content
37	TRAIT38	Num	4	144	1.	BEST22.	f60q38 Unimportant thoughts bother me
38	TRAIT39	Num	4	148	1.	BEST22.	f60q39 Disappointments not out of mind
39	TRAIT40	Num	4	152	1.	BEST22.	f60q40 I am a steady person
40	TRAIT41	Num	4	156	1.	BEST22.	f60q41 Feel tense over recent concerns

Variable	Label	N	Mean	Std Dev	Minimum	Maximum
STATE3	f60q3 I feel calm	330	3.4	0.8	1.0	4.0
STATE4	f60q4 I feel secure	330	3.5	0.7	1.0	4.0
STATE5	f60q5 I am tense	330	1.5	0.8	1.0	4.0
STATE6	f60q6 I feel strained	329	1.4	0.8	1.0	4.0
STATE7	f60q7 I feel at ease	329	3.3	0.8	1.0	4.0
STATE8	f60q8 I feel upset	330	1.2	0.6	1.0	4.0
STATE9	f60q9 I am worrying	329	1.3	0.6	1.0	4.0
STATE10	f60q10 I feel satisfied	329	3.2	0.8	1.0	4.0
STATE11	f60q11 I feel frightened	330	1.1	0.5	1.0	4.0
STATE12	f60q12 I feel comfortable	330	3.3	0.8	1.0	4.0
STATE13	f60q13 I feel nervous	330	1.3	0.6	1.0	4.0
STATE14	f60q14 I am jittery	330	1.2	0.5	1.0	4.0
STATE15	f60q15 I feel decisive	329	3.0	1.0	1.0	4.0
STATE16	f60q16 I feel relaxed	330	3.2	0.9	1.0	4.0
STATE17	f60q17 I feel content	330	3.2	0.9	1.0	4.0
STATE18	f60q18 I feel worried	330	1.4	0.7	1.0	4.0
STATE19	f60q19 I feel confused	330	1.1	0.5	1.0	4.0
STATE20	f60q20 I feel steady	330	3.3	0.8	1.0	4.0
STATE21	f60q21 I feel pleasant	330	3.3	0.8	1.0	4.0
TRAIT22	f60q22 I feel pleasant	330	3.4	0.6	2.0	4.0
TRAIT23	f60q23 I feel nervous and restless	330	1.5	0.6	1.0	4.0
TRAIT24	f60q24 I feel satisfied with myself	330	3.3	0.8	1.0	4.0
TRAIT25	f60q25 I wish I was as happy as others	330	1.6	0.7	1.0	4.0
TRAIT26	f60q26 I feel like a failure	330	1.2	0.4	1.0	3.0
TRAIT27	f60q27 I feel rested	329	2.8	0.9	1.0	4.0
TRAIT28	f60q28 I am calm, cool and collected	330	3.1	0.8	1.0	4.0
TRAIT29	f60q29 I feel difficulties piling up	330	1.3	0.5	1.0	4.0
TRAIT30	f60q30 I worry too much over nothing	330	1.6	0.7	1.0	4.0
TRAIT31	f60q31 I am happy	330	3.4	0.7	1.0	4.0
TRAIT32	f60q32 I have disturbing thoughts	330	1.3	0.5	1.0	4.0
TRAIT33	f60q33 I lack self-confidence	330	1.6	0.7	1.0	4.0
TRAIT34	f60q34 I feel secure	330	3.4	0.8	1.0	4.0
TRAIT35	f60q35 I make decisions easily	330	3.1	0.8	1.0	4.0
TRAIT36	f60q36 I feel inadequate	330	1.4	0.6	1.0	4.0
TRAIT37	f60q37 I am content	330	3.3	0.7	1.0	4.0
TRAIT38	f60q38 Unimportant thoughts bother me	329	1.6	0.6	1.0	4.0
TRAIT39	f60q39 Disappointments not out of mind	330	1.5	0.6	1.0	4.0
TRAIT40	f60q40 I am a steady person	330	3.5	0.7	1.0	4.0

Variable	Label	N	Mean	Std Dev	Minimum	Maximum
TRAIT41	f60q41 Feel tense over recent concerns	330	1.4	0.6	1.0	4.0
F60_DAYS	f60q2 Days from randomization	330	290.7	174.4	-2.0	543.0
NEWID	Patient ID	330	151.5	91.5	2.0	309.0



FMYP

FMYP	Frequency	Percent	Cumulative Frequency	Cumulative Percent
ST01	23	7.0	23	7.0
ST02	122	37.0	145	43.9
ST03	185	56.1	330	100.0